



## Toddler bubble catch

1 - 3 years

**TIME:** 5 - 10 minutes

**SKILL:** Motor control of hands and arms, plus using eyes to track movement

**REQUIREMENTS:** An open area free of dangerous obstacles if playing with older toddlers who are ready to walk or run after bubbles. A standard soap bubble-blowing toy.

### Directions

1. Blow bubbles for your toddler and encourage them to try to catch the bubbles.
2. If your toddler is walking (or running!), make sure that there are no dangerous obstacles where you are playing.

### Variation

- Be sure to let your toddler have a turn blowing bubbles!
- Your child will love watching as you try to catch the bubbles they made.

### Benefits

- This activity helps your toddler to develop motor control in the hands, as well as the ability to track movement with the eyes and read their spatial environment.