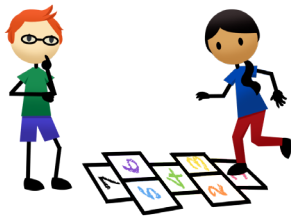


# Happy holidays!



Thank you for all you do for our children. Here's a little something that will hopefully make your job easier (and more fun!).

[activeforlife.com/lesson-plans-and-resources-2/](https://activeforlife.com/lesson-plans-and-resources-2/)

Visit that link and you can create physical literacy lesson plans in minutes, and then spend the time you have left over doing something wonderful and relaxing just for you.

Best wishes for a healthy, happy, holiday and an active new year.