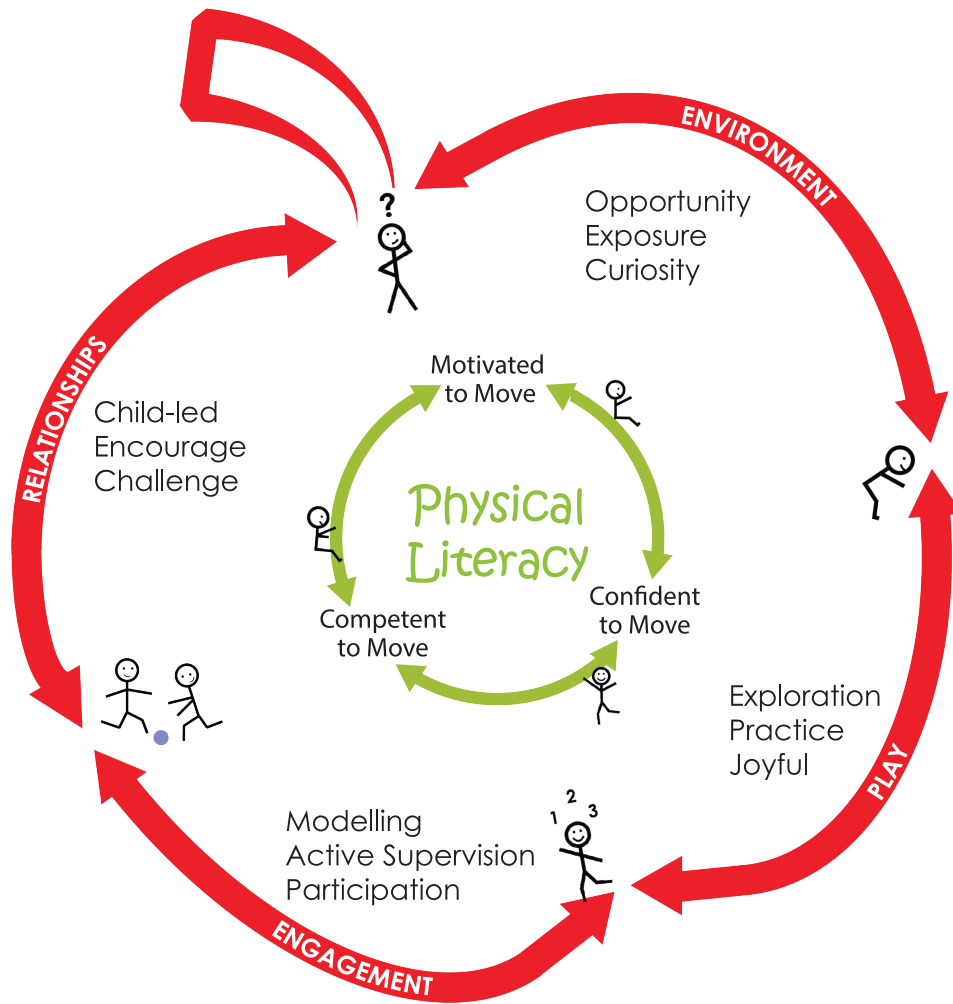


# APPLE Model

Active Play and Physical Literacy Everyday



Create a rich environment that promotes active play to spark a child's curiosity and exploration, and motivates a child to move



The child will repetitively engage in active play building mastery, confidence and competence to move in different ways



Active play facilitates fundamental movement skill development promoting physical literacy everyday

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