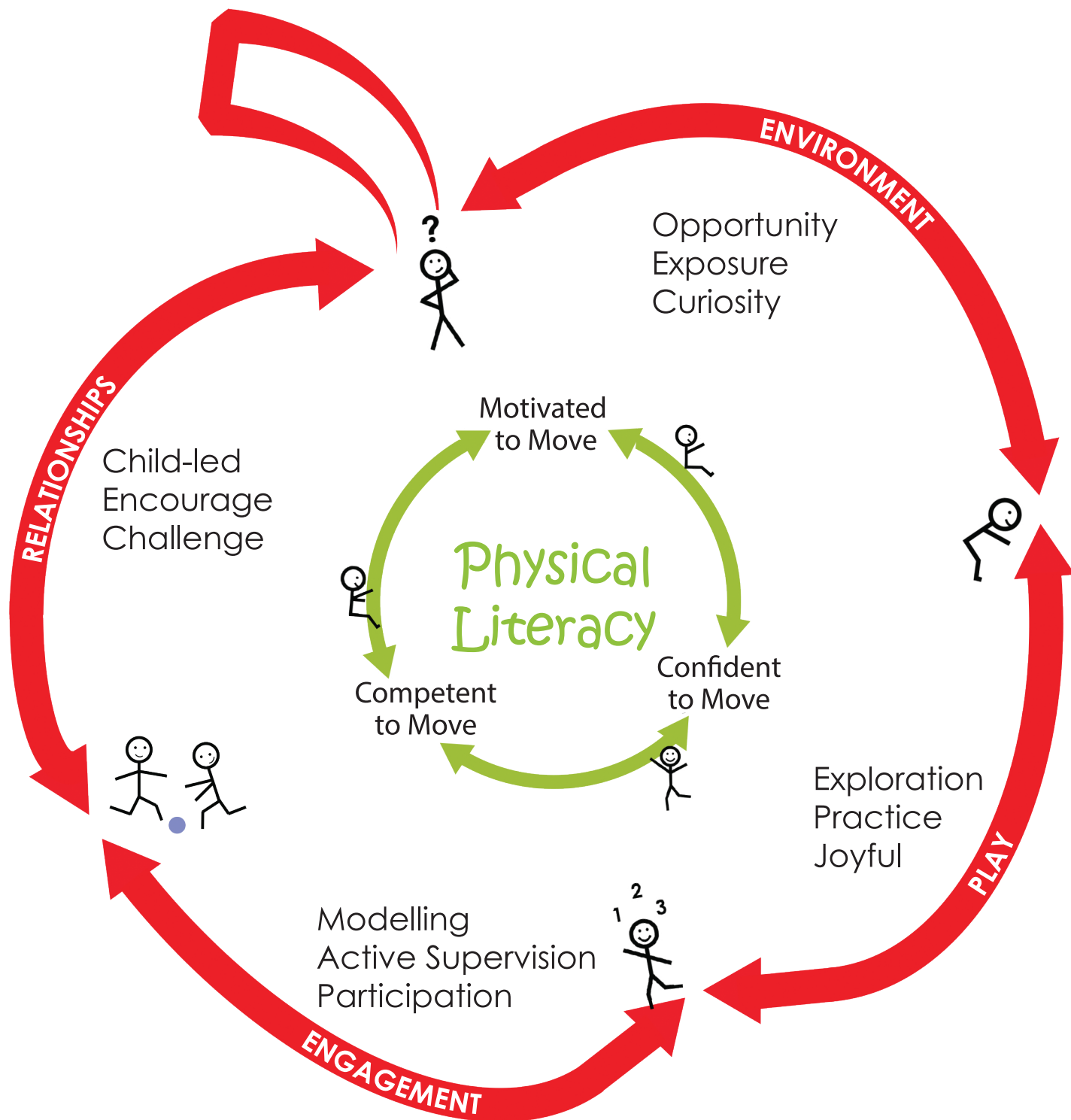


APPLE Model

Active **P**lay and **P**hysical **L**iteracy **E**veryday



Create a rich environment that promotes active play to spark a child's curiosity and exploration, and motivates a child to move

The child will repetitively engage in active play building mastery, confidence and competence to move in different ways

Active play facilitates fundamental movement skill development promoting physical literacy everyday

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