

Rhythm Master

EQUIPMENT & MATERIALS: Large open space



Instructions

1. Ask the children to stand in a large circle with at least two metres between them.
2. Choose one child to be the “detective” and ask them to leave the circle and turn their back to the group.
3. Point silently to one child in the circle who will be the “rhythm master.”
4. The rhythm master begins to sound a rhythm by clapping their hands, patting their knees or shoulders, stomping their feet, etc. All the children in the circle must do the same.
5. Ask the detective to come back to the circle and stand in the middle as the group continues to make their rhythm.
6. The detective gets three chances to guess who the rhythm master is.
7. Remind the children that they should avoid staring at the rhythm master because they will give away their identity to the detective. Suggest that they deliberately look at someone other than the rhythm master.