

## SCAVENGER HUNT CHECKLIST

Find a log to balance on
Find a tree to climb
Find a puddle to jump over
Find a rock to throw into a creek
Find an incline to climb up
Find a path to skip down
Find an open area to run in
Find a grassy hill to roll down
Find a rock to jump off
Find a shady tree to rest beneath

CONGRATULATIONS! YOU ARE NOW AN ACTIVE NATURE NINJA!

www.activeforlife.com